



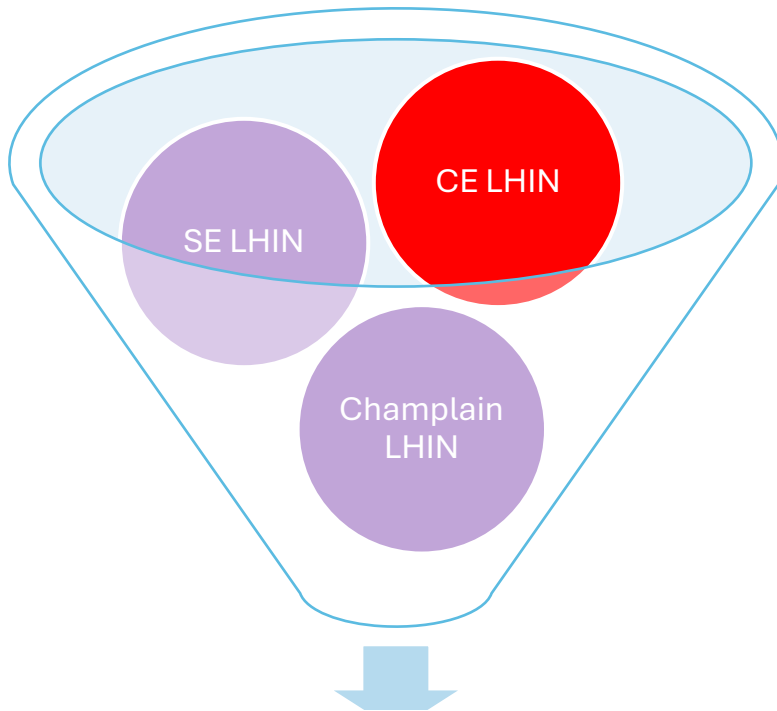
The role of Community Support Services (CSS) within the
Healthcare system

Nathalie Lafrenière, Regional Director, CSS Shared
Resources, Ontario East

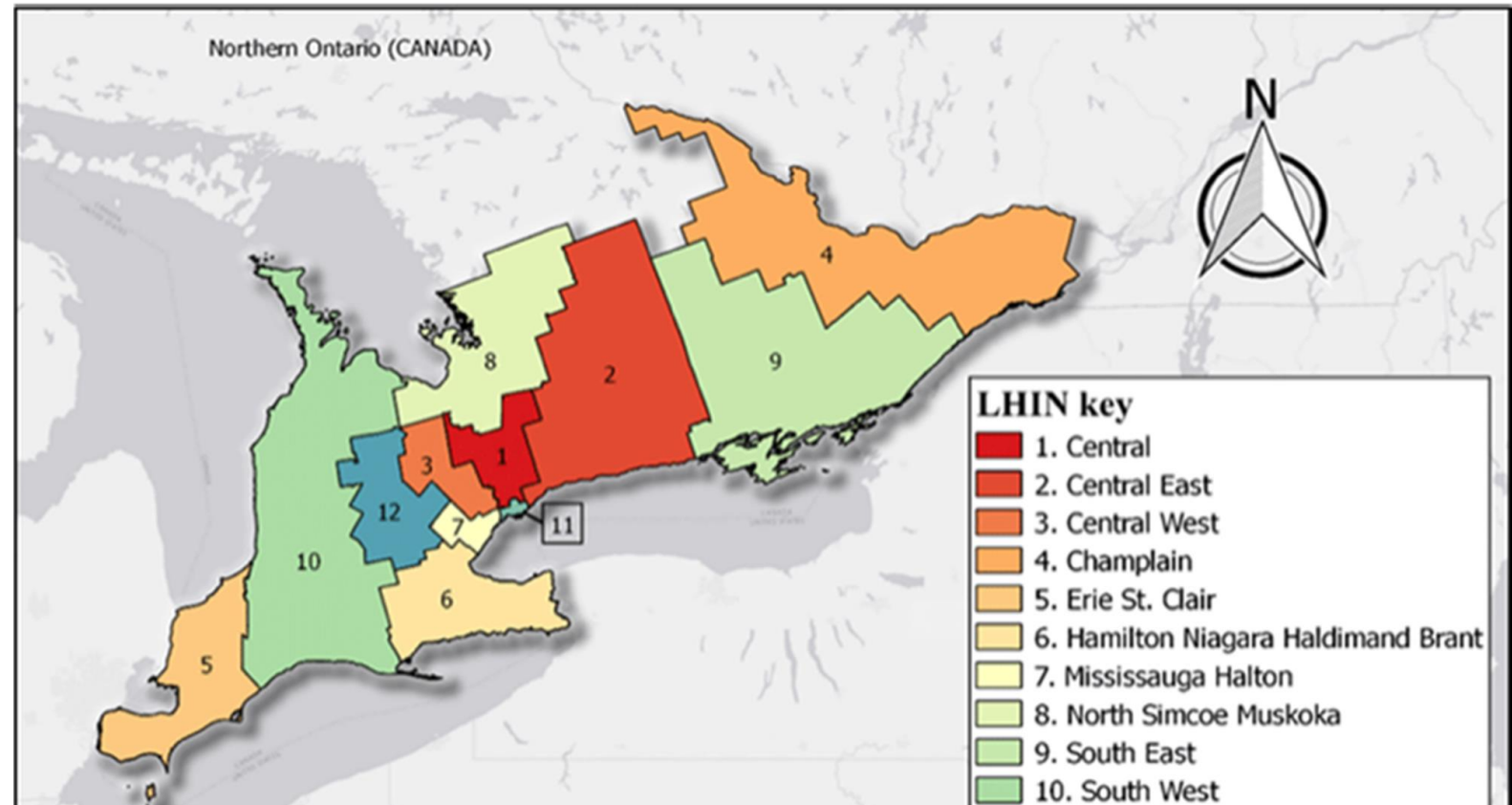
June 18, 2025



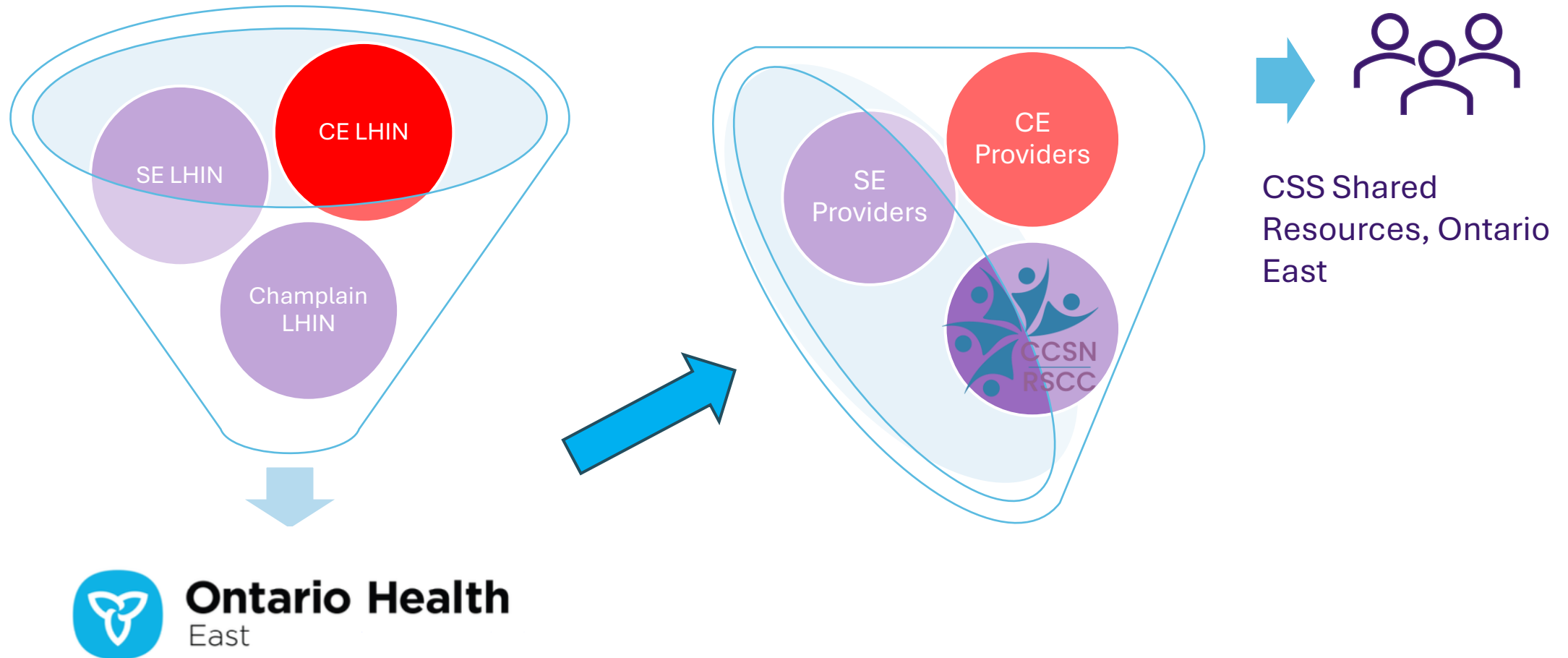
LHINs to Ontario Health East



Ontario Health
East



Impact of Ontario Health Regions



Community Support Services providers in the former Champlain region of OHE



What are Community Support Services (CSS)?



- Keeps older adults & people with disabilities safe, independent, and healthy at home
- Availability & wait-times differ by area — resources in place to simplify referrals





Adult Day Programs & Respite



Care Coordination & Navigation



Caregiver Support



Condition Specific Supports



Food & Meal Programs



Foot Care Services



Home Help & Home Maintenance



Health Promotion & Education



Palliative Care



Recreation, Fitness & Social Activities



Safety & Security Programs



Support & Care at Home



Transportation



What's the difference between **CSS** and OHH?

CSS focuses on community support to help people with daily living and social activities.

OHH provides medical and rehabilitation care at home.

Both are important but address different needs in health and wellness. Services compliment one another



CSS is part of the solution

CSS also play a vital role in Ontario's health Care system by:

- Alleviating pressure on other parts of the healthcare system by providing alternative levels or care
- Providing preventative care
- Keeping Ontarians safe and well at home and out of hospital or long-term care for longer.



93%

Of seniors would prefer supports to help them stay at home if they were on a waitlist for long-term care

85%

Of seniors who receive home and community care services say the service helped them stay at home

By 2029, Ontario's population age 65+ is projected to increase by 23%.

Do you know where to turn to connect these patients with the care and support they need to remain in their own homes?



What we're hearing





Participants were presented various scenarios for which CSS might be appropriate. In 26% - 71% of scenarios participants indicated that they would ask their family physicians for help.

“Physicians were much more likely to refer patients with dementia to home health agencies (83%) and nursing homes (82%) than to CSS...”

“Many physicians noted that they lacked knowledge about or confidence in community resources for their patients”



accesscss

accèsSC



One public facing website focused on providing **access** to CSS services to the public, partners and Health Care Providers

- **accesscss** provides access to Community Support Services across OHE through Caredove e-referral (public search and clinician search)

Services to support older adults, seniors and adults living with disabilities in Eastern Ontario

We make it easier to find community based support services and programs.



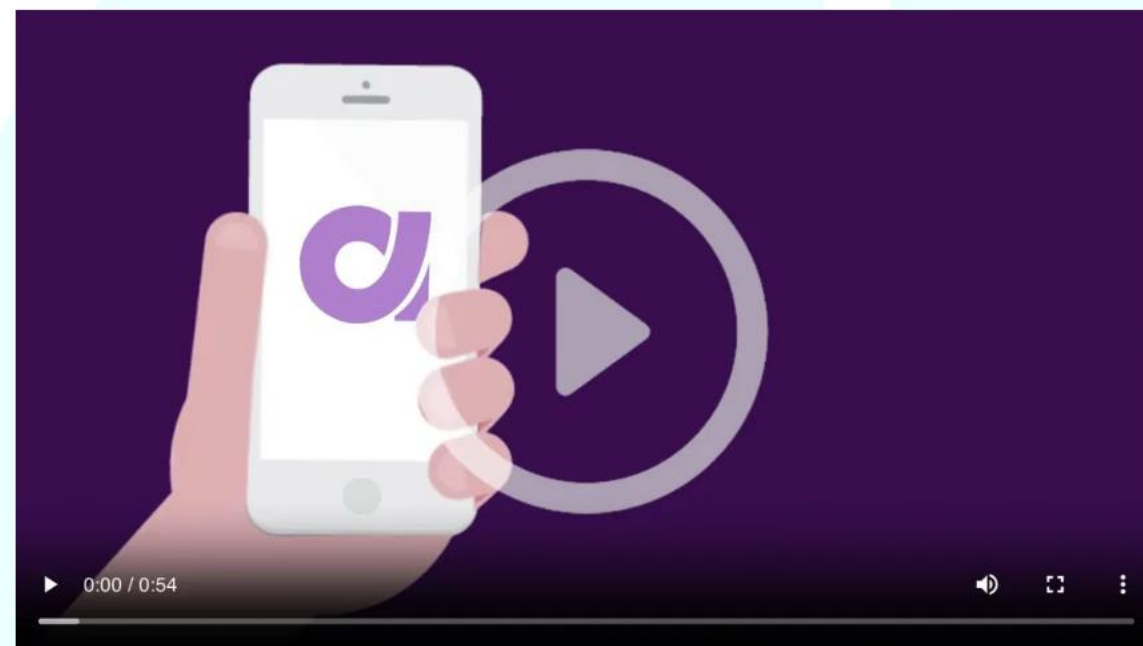
I would like to search for services myself.

[Find Services](#)



I am a service/health care provider.


[Resources for Providers](#)



[Search for services using our service finder.](#) Should you need help, reach a navigator who will connect you to the services you need from our network.










Find Services

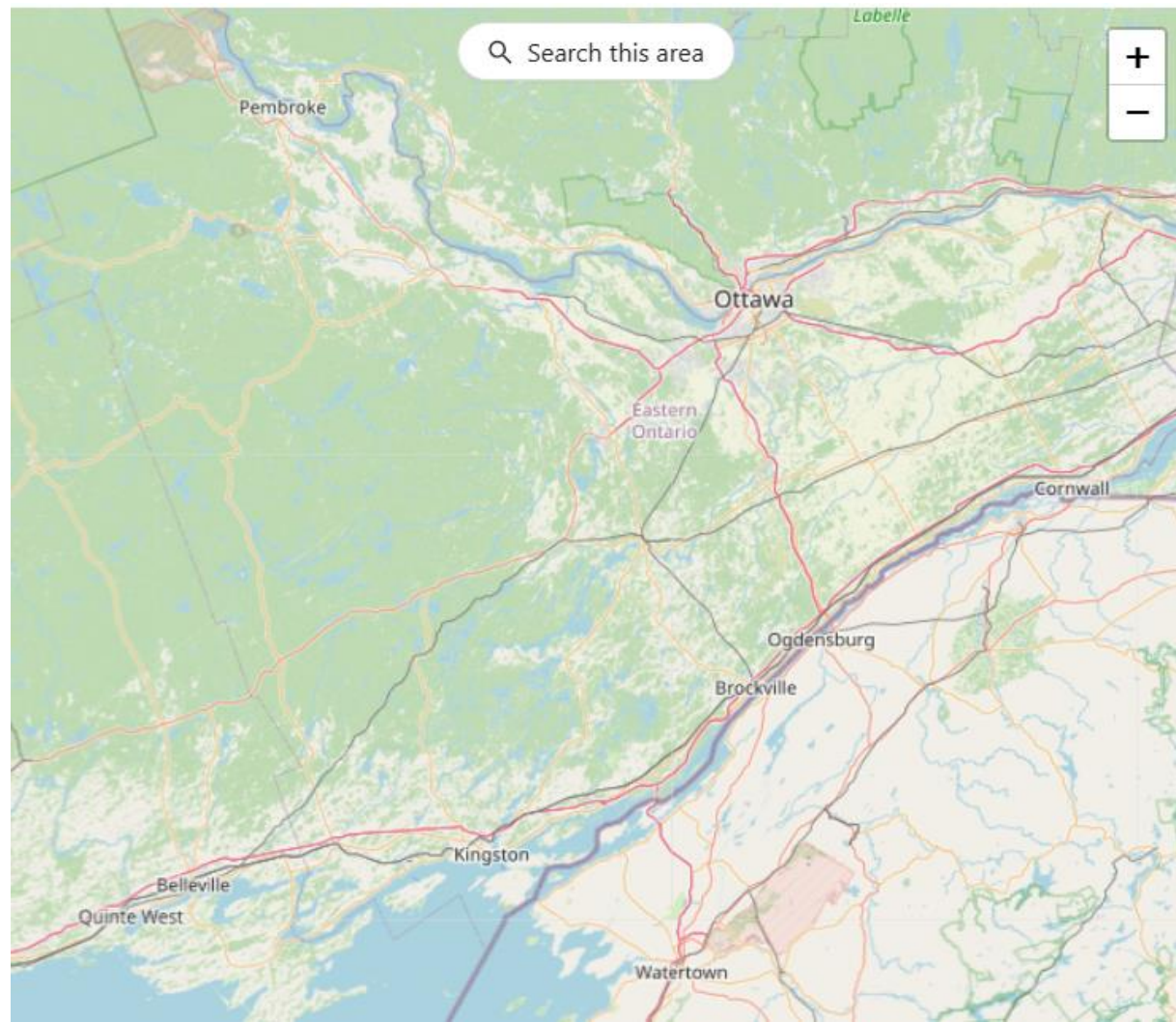
Enter a Home Address

 Enter your home address



advanced filters

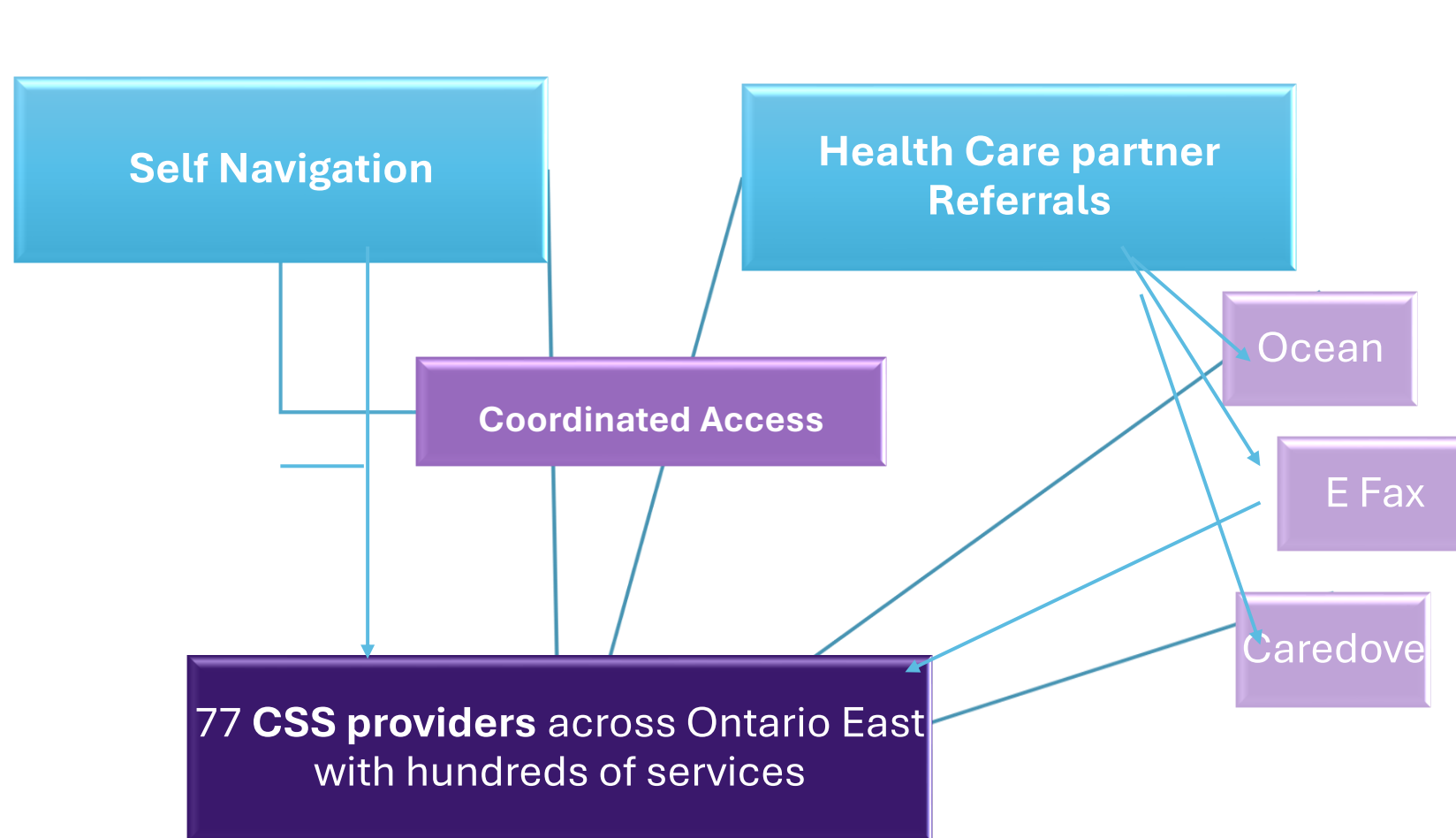
-  Adult Day Programs & Respite
-  Caregiver Support
-  Condition Specific Supports
-  Food & Meal Programs
-  Foot Care
-  Health Promotion & Education
-  Home Help & Maintenance
-  Palliative Care
-  Recreation, Fitness & Social Activities



Take the guesswork out of referrals to CSS

accesscss


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What is AccessCSS Coordinated Access?

- Regional Coordinated Access functions as a central intake as an embedded function within AccessCSS.ca in Champlain
- Formerly **Community Connections** transitioned to e-referral platforms OCEAN and Caredove
- Coordinated access/navigation to Community Support Services across Champlain and additional supports as needed.
- Navigators receive, triage, and action referrals using a brief and holistic navigational approach



A photograph of a man and a woman walking in a snowy residential neighborhood. The man, on the left, is wearing a bright yellow and dark blue winter jacket, a yellow baseball cap, and blue jeans. He is holding a wooden walking stick. The woman, on the right, has blonde hair and is wearing glasses and a dark winter coat. They are both looking down at something in the woman's hands. In the background, there is a two-story brick house with a white-trimmed porch and a snow-covered roof. The ground is covered in a layer of snow.

This is my story of community support,

ANNE PARRY



Thank you!

Merci!



www.accesscss.ca